



## Outside Catering Menu Allergen information

### ***Soups : All Gluten Free , Vegan ( N 9 – contains celery)***

Spicy Sweet Potato & Coconut

Thai Root Vegetable & Coconut

Roast Carrot & Parsnip

Broccoli , Leek & Spinach

Carrot , ginger & Coriander

Spiced Carrot and Red Lentil

Potato, Leek & Fresh herbs

Roast red pepper, tomato & basil

### ***Finger Food :***

Mini Sausage rolls (N1, N3, N7, N10, N11)

Homemade chicken goujons (N1, N3, N7)

### ***Canapes:***

Chicken Liver Pate Crostini (N1,N7)

Smoked Salmon Roulade (N1,N2,N4,N7)

Goats cheese & Basil pesto puffs (N1, N7,N8)

Melon & Parma Skewers GF

Cheese & Grape Skewers (N7) GF

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*wheat, oats, eggs, milk, almonds, walnuts, hazelnuts, peanuts, sesame seeds,  
celery, mustard,*

*fish, crustaceans, soybeans*

### ***Salads :***

Moroccan spiced chickpea & Bulghar wheat (N1, N8)  
Floury Apron Slaw (N3,N10, N11) GF  
Pearl Barley and Mediterranean vegetable (N1)  
Pesto pasta with homemade basil & walnut pesto (N1, N8)  
Potato Salad (N3) GF  
Pearl Barley with Roast beetroot & Feta (N1,N7)  
Celery , Cranberry and Walnut (N3,N8,N9,N10) GF  
Spiced sweet potato with red onion & chickpea GF  
Chilli Butternut squash with cranberry & spinach GF  
Carrot & Orange with sultanas and sesame seeds (N11)

### ***Main Courses :***

Thai Green Chicken curry (N1,N2,N4,N6,N10)  
Thai Red Chicken curry (N1,N2,N4,N6,N10)  
Chorizo, chicken & chickpea stew (N7)  
Chicken & broccoli Bake (N1,N7,N10)  
Beef Bourguignon (N6) GF  
Beef Stroganoff (N6,N7,N10) GF  
Chilli Con Carne (N6) GF  
Shepard's Pie (N7,N10) GF  
Beef Lasagna (N1,N6,N7,N9,N10)  
Beef Stew (N6) GF  
Fish Pie (N2,N4,N7,N9,N10)  
Quiche Lorraine (N1,N3,N7)  
Vegetarian Quiche (N1,N3,N7)

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**Sides:**

Basmati Rice

Creamy Mashed Potato (N7)

**Sandwich platters:**

Selection of wraps, sandwiches and ciabatta (N1, N3, N10)

**Meat Platters:**

Sliced Honey baked Ham (N10) GF

Marinated chicken breast GF

Fillet of Salmon (N2,N4)

Sliced Roast Beef GF

*The country of origin of the beef we use is Ireland*

**Early Morning Platter:**

Freshly baked fruit, plain or brown scones with jam & butter (N1, N3, N7, N11)

Get up & go breakfast muffin (N1, N3, N7, N11)

Granola pot with yogurt & berry compote (N1,N7,N8,N11)

Homemade multi seed sliced brown bread (N1,N3,N7,N11)

**Mini Dessert platter** : (N1,N3,N7,N8,N11)

**Desserts and cakes** (N1,N3,N7,N8,N11)

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